

Referrals

Any referral should be made to the County Council by phoning **0300 500 80 80**. Our advisors will try to help with any concerns and then refer onto the appropriate service.

Referrals can also be made by anyone including the person's GP, education, support providers or community services.

To access the service young people can be referred from the age of 14. Before they become 18 someone from the preparing for adulthood team will work with them, their family and anyone else involved in supporting them. The team can help them plan how to achieve what they want. The age at which the team starts to work with a young person will depend on their needs.

Charges

When someone is 18 and has support from adult social care, we will carry out a financial assessment to determine the level of contribution to the cost of their care. This is different from children's social care where support is free.



SCAN

for your guide to preparing for adulthood

www.nottinghamshire.gov.uk/preparingforadulthood

Preparing for adulthood

Support from Adult Social Care





What is a transition?

In social care, this means the time when a young person moves from using children's social care services to getting support from adult social care services.

What support is available?

Nottinghamshire County Council have a preparing for adulthood team which is made up of social workers and community care officers who provide planning, assessment, advice and support services for young people preparing for adulthood.

They work with young people who have an impairment and require social care support that cannot be accessed through community services already in place.



They can work with people whether they have received services from children's social care or not.

The team works with young people to help them be as independent as possible. This might be through community support, short term support, specialised support including support into employment and/or any assistive technology.

The preparing for adulthood team can help with:

- ▶ being independent
- ▶ being part of the community
- ▶ getting the right support
- ▶ giving support to carers including short breaks
- ▶ helping with safety and risks.